

9

Departure Borgo Preci
 Arrival Borgo Preci
 Length Km 3.5
 Route Medium
 Gradient m. 100
 Difficulty Circular Walk

From the Mill to
 the Church of M.
 della Peschiera



da Preci

From the bypass go down Via De Gasperi and then turn right on to the SP 476 towards Norcia. Park at the information centre

Preci



www.lavalnerina.it

From the car park in B.go Preci, cross the bridge and turn right to reach the Casa del Parco inside the old watermill. Return to the little bridge and take the road that goes uphill to the right (local trekking sign). After a steep climb which should be taken slowly, cross the tarmac road and follow the signposted path uphill. Go through the mediaeval gate on the right into the ancient castle of Preci. Start to walk down towards the church of Santa Maria and keep the Town Hall in Piazza Marconi on your left as you continue downhill. After a visit to the village, leave the town by crossing Largo Trento e Trieste and turn right on to the made-up road towards Borgo. Continue straight on downhill for approx 500 m, and when you have passed the concrete, prefab gym on your right, turn left at a small villa on your right to take a mule track between some oak trees. Continue to follow the clear traces of the ancient mediaeval road which after approx. 600 m comes out on a bend of a dirt track and from here turn sharp right towards a no entry sign. When you have reached the field, follow the dirt track and after crossing a boggy patch, use a small bridge to get back on to the SP 476. From here walk on a tarmac road for about 800 m towards B.go Preci close alongside the church of the Madonna delle Peschiera. Cross the little square in Borgo Preci to end up in the car park.